

Triple Stroke Roll - Exercise 9

3 4 5 5 4 3 4 5 6 6 5 4

↑ ↑ ↑ ↓ ↓ ↓ ↑ ↑ ↑ ↓ ↓ ↓

5 6 7 6 5 4 4 5 6 5 4 3

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