

Single Stroke Seven - Exercise 2

1 of 2

This musical exercise sheet is titled "Single Stroke Seven - Exercise 2" and is labeled "1 of 2". It consists of seven rows of musical notation, each containing three measures. Each measure is a treble clef staff with a 2/4 time signature. Above each staff is a bracket with the number "6", indicating a sixteenth-note pattern. Below each staff are fingerings (numbers 1-10) and stroke directions (upward arrows for downbeats, downward arrows for upbeats). The exercises progress from simple patterns in the first row to more complex ones involving higher fingerings and longer sequences in the final rows.

| Row | Measure 1 | Measure 2 | Measure 3 |
|-----|----------------------------------|----------------------------------|---------------------------------|
| 1 | 1 2 2 3 3 4 4 ↓ ↑ ↓ ↑ ↓ ↑ ↓ | 4 3 3 2 2 1 1 ↑ ↓ ↑ ↓ ↑ ↓ ↑ | 2 3 3 4 4 5 5 ↓ ↑ ↓ ↑ ↓ ↑ ↓ |
| 2 | 5 4 4 3 3 2 2 ↑ ↓ ↑ ↓ ↑ ↓ ↑ | 3 4 4 5 5 6 6 ↓ ↑ ↓ ↑ ↓ ↑ ↓ | 6 5 5 4 4 3 3 ↑ ↓ ↑ ↓ ↑ ↓ ↑ |
| 3 | 4 5 5 6 6 7 7 ↓ ↑ ↓ ↑ ↓ ↑ ↓ | 7 6 6 5 5 4 4 ↑ ↓ ↑ ↓ ↑ ↓ ↑ | 5 6 6 7 7 8 8 ↓ ↑ ↓ ↑ ↓ ↑ ↓ |
| 4 | 8 7 7 6 6 5 5 ↑ ↓ ↑ ↓ ↑ ↓ ↑ | 6 7 7 8 8 9 9 ↓ ↑ ↓ ↑ ↓ ↑ ↓ | 9 8 8 7 7 6 6 ↑ ↓ ↑ ↓ ↑ ↓ ↑ |
| 5 | 7 8 8 9 9 10 10 ↓ ↑ ↓ ↑ ↓ ↑ ↓ | 10 10 9 9 8 8 7 ↑ ↓ ↑ ↓ ↑ ↓ ↑ | 10 9 9 8 8 7 7 ↓ ↑ ↓ ↑ ↓ ↑ ↓ |
| 6 | 7 8 8 9 9 10 10 ↑ ↓ ↑ ↓ ↑ ↓ ↑ | 9 8 8 7 7 6 6 ↓ ↑ ↓ ↑ ↓ ↑ ↓ | 6 7 7 8 8 9 9 ↑ ↓ ↑ ↓ ↑ ↓ ↑ |
| 7 | 8 7 7 6 6 5 5 ↓ ↑ ↓ ↑ ↓ ↑ ↓ | 5 5 6 6 7 7 8 ↑ ↓ ↑ ↓ ↑ ↓ ↑ | 7 6 6 5 5 4 4 ↓ ↑ ↓ ↑ ↓ ↑ ↓ |

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2 of 2

Staff 1:

Measure 1: 4 4 5 5 6 6 7
↑ ↓ ↑ ↓ ↑ ↓ ↑

Measure 2: 6 6 5 5 4 4 3
↓ ↑ ↓ ↑ ↓ ↑ ↓

Staff 2:

Measure 1: 5 5 4 4 3 3 2
↓ ↑ ↓ ↑ ↓ ↑ ↓

Measure 2: 2 2 3 3 4 4 5
↑ ↓ ↑ ↓ ↑ ↓ ↑

Measure 3: 4 4 3 3 2 2 1
↓ ↑ ↓ ↑ ↓ ↑ ↓

Staff 3:

Measure 1: 1 1 2 2 3 3 4
↑ ↓ ↑ ↓ ↑ ↓ ↑