

Single Stroke Four - Exercise 2

1 1 1 1 2 2 2 2 3 3 3 3 4 4 4 4
↓ ↑ ↓ ↑ ↑ ↓ ↑ ↓ ↓ ↑ ↓ ↑ ↑ ↓ ↑ ↓

5 5 5 5 6 6 6 6 7 7 7 7 8 8 8 8
↓ ↑ ↓ ↑ ↑ ↓ ↑ ↓ ↓ ↑ ↓ ↑ ↑ ↓ ↑ ↓

9 9 9 9 10 10 10 10 10 10 10 10 9 9 9 9
↓ ↑ ↓ ↑ ↑ ↓ ↑ ↓ ↓ ↑ ↓ ↑ ↑ ↓ ↑ ↓

8 8 8 8 7 7 7 7 6 6 6 6 5 5 5 5
↓ ↑ ↓ ↑ ↑ ↓ ↑ ↓ ↓ ↑ ↓ ↑ ↑ ↓ ↑ ↓

4 4 4 4 3 3 3 3 2 2 2 2 1 1 1 1
↓ ↑ ↓ ↑ ↑ ↓ ↑ ↓ ↓ ↑ ↓ ↑ ↑ ↓ ↑ ↓