

Single Stroke Roll - Exercise 6

1 2 3 4 5 6 7 8 9 10 10 9 8 7 6 5 4 3 2 1

↓ ↑ ↓ ↑ ↓ ↑ ↓ ↑ ↓ ↑ ↓ ↑ ↓ ↑ ↓ ↑ ↓ ↑ ↓ ↑



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